

## NAILS continued

### Shellac

The original power polish. Shellac delivering 14+ day wear, superior colour and mirror-shine with zero dry-time and no nail damage. Applied like a polish but wears like a gel - a true innovation of chip-free, extended wear nail colour.

Shellac with Mini Manicure or Pedicure .....£21  
Half price when added to a Signature Manicure or Pedicure

### Add ons:

French .....£2  
Nail Art / Diamante .....from 50p  
Glitter / Rockstar .....£5  
Nail Repair .....£2  
Polish Removal Kit .....£10  
Soak Off .....£10  
Soak Off and Mini Manicure or Pedicure .....£20

## WAXING

We use only the best! – Perron Rigot Hard Wax. When using hard wax on intimate areas it shrink wraps the hairs and does not adhere to the skin causing less irritation, trauma to the skin and is much less painful! Hairs can be removed as short as 3mm leaving impeccable results!

Eyebrows .....£6  
Lip or Chin .....£6  
Nostrils .....£6  
Neck/Hairline .....£6  
Underarms .....£9  
Full Arm .....£12  
Tummy .....£6  
½ Leg .....£12  
¾ Leg .....£15  
Full Leg (inc. standard bikini) .....£23  
Full Leg (inc. extended/thong bikini) .....£28  
Standard Bikini .....£9  
Extended (Thong) Bikini .....£17  
Brazilian (Strip) .....£22  
Hollywood (Hair Free) .....£24  
Add Vajazzle / Glitter Tattoo .....£6  
Trimming .....£6

## TINTING

Using combinal tints, which last longer than conventional tints.

Eyelash Tint .....£10 \*  
Brow Tint .....£6 \*  
Eyelash and Brow Tint .....£14 \*  
Defined Brows .....£6 \*  
Brows are tinted and waxed to give more definition, which frames the face.

### /appeal Lash Lift

(45 mins) .....£27 \*  
Lifts lashes from the root to give the appearance of longer, fuller lashes. Lasts 6-8 weeks.  
\* A skin sensitivity test is required 48-hours prior to treatment.

## EYELASH EXTENSIONS

A revolutionary new treatment that will extend your natural eyelashes for a beautiful natural or dramatic look.

Full set .....£46 \*  
Maintenance .....£23 - £40 \*  
\* A skin sensitivity test is required 48-hours prior to treatment.

## TANNING

A relaxing treatment using Xen-Tan (inc. exfoliation and removal with hot towels.)

Full Body .....£26 \*  
½ Body .....£15 \*  
\* Please wear loose, dark clothing and underwear.

## MAKE-UP

Using VIE and Neal's Yard Organic Remedies anti-ageing and Mineral Make-up.

Lesson .....£25  
Special Occasion .....£25 \*  
Bride (includes trial) .....£60 \*\*  
Bridesmaids .....£25 \*

### Bridal packages available on request.

\* A trial is not compulsory but is recommended.

\*\* We can arrange to come to your home or Hotel on the day for an additional charge of 50p per mile – Minimum charge £5.

## MALE GROOMING

The modern man is under more pressure to look well turned out. Aside from our unisex treatments, these have been designed exclusively for our male clientele.

### Male Signature Facial

Standard (55 mins) .....£32  
Luxury (75 mins) .....£48  
This combined treatment begins with the back area, which is cleansed and exfoliated followed by a purifying masque. Then you will experience a tailor-made facial to suit your skins needs. While your masque sets relax with a hand and arm massage. This facial will leave your complexion completely refreshed and purified. The luxury facial includes a back massage, and hot and cold basalt stones. Incorporate a scalp massage for £10 extra.

### MANicure

(45 mins) .....£23  
Get your hands in a presentable state. Includes cuticle work, hard skin removal, moisturise and nails trimmed.

### Male Pedicure

(45 mins) .....£23  
Get your feet in a presentable state. Includes cuticle work, hard skin removal, moisturise and nails trimmed.

## WAXING

These Prices are based on the average amount of hair growth. If you are a bit of a hairy beast and need to be trimmed the cost will be slightly higher. We use Perron Rigot hard wax on intimate areas which shrink wrap the hairs and does not adhere to the skin causing less irritation, trauma to the skin and is much less painful!

Eyebrows .....£6  
Ears /Nostrils .....£6  
Neck/Hairline .....£6  
Forearms .....£15  
Hands/Feet .....£6  
Underarms .....£9  
Abs .....£15  
Tummy .....£12  
Chest or Back .....£17  
Shoulders .....£17  
Full Leg .....£28  
Buttocks .....£23  
Butt, Sack and Crack .....£28  
Brazilian (Strip) .....£34  
Hollywood (Hair Free) .....£40  
Full Body – POA

### Manscaping

Body hair trimming .....from £6

# Tyme4u

## BEAUTY TREATMENTS & MALE GROOMING

46 Sylvia Crescent, Totton,  
Southampton, SO40 3LN

Tel: 07825 135813  
info@tyme4u.co.uk  
www.tyme4u.co.uk

### OPERATING HOURS

Tuesday - 9:30 am - 9:00 pm  
Wednesday - 9:30 am - 9:00 pm  
Thursday - 9:30 am - 9:00 pm  
Friday - 9:30 am - 6:00 pm  
Saturday - 9:00 am - 2:00 pm



CND  
Hands. Feet. Beauty.



O.P.I

XEN-TAN  
the PREMIUM sunless tan

Minx



Leading Nail Care

- Fully trained and insured in all these treatments
- Retail products and items available
- If you need to change or cancel, please notify us a minimum of 72 hours prior to your appointment to avoid a 50% cancellation fee.
- Customised pamper packages and gift vouchers available in store or online
- Pamper parties available
- Don't fight the traffic in town - off road parking
- NHS, police, military and fire services discount

Book online @ [www.tyme4u.co.uk](http://www.tyme4u.co.uk)  
or via our Facebook page



[www.facebook.com/Tyme4u](http://www.facebook.com/Tyme4u)  
[www.twitter.com/Tyme4uBeauty](http://www.twitter.com/Tyme4uBeauty)



## ORGANIC SIGNATURE FACIALS

Using Neal's Yard Organic Remedies' aromatherapy-infused, highly effective, cutting-edge organic skincare. Every face is unique, and so are the needs of every face, which is why we start every facial with a detailed skin consultation.

These are not your average facials. Not only do we create a bespoke facial treatment using NYR's award-winning organic skincare for longer-lasting, visible results. They are extremely relaxing with all the extras thrown in!

Our luxury 80-minute organic facials are further enhanced with a back massage, and hot and cold basalt stones. You'll feel like you're at a Spa...

### Rejuvenating Frankincense Facial

Standard (55 mins) .....£32  
Luxury (75 mins).....£48

Our rejuvenating facial uses award-winning anti-aging products to intensely nourish, firm and tone the skin, smoothing and reducing the appearance of ageing skin and fine lines. Incorporate a scalp massage for £12 extra.

### Pure Radiance Wild Rose Facial

Standard (55 mins) .....£32  
Luxury (75 mins).....£48

This will leave all skin types feeling intensely nourished and enriched, with a firming massage and Wild Rose Beauty Elixir – infused with repairing rosehip oil and hyaluronic acid, for radiant, smooth skin. Incorporate a scalp massage for £12 extra.

### Powerberry Boost Facial

(25 mins).....£23

Perfect if you're short of time but still want to give your skin a quick boost. This facial delivers a cocktail of vitamins and antioxidants to protect from damage and preserves youthful skin. It's packed with minerals and essential fatty acids to strengthen the skin. Ideal for "city stressed" skin. Incorporate a scalp massage for £12 extra.

### First Steps Facial

(25 mins).....£23

Designed to introduce pre-teens, teens and adults to effective, yet gentle skincare. This facial concentrates on education as well as treatment. Full skincare advice will be discussed to help you reach your skincare goals. Incorporate a scalp massage for £12 extra.

## BODY TREATMENTS AND MASSAGE

### Hopi Ear Candles

(45 mins).....£25

There are many benefits from having Hopi ear candles. They can help with impacted ear wax, ear ache, trapped moisture, tinnitus, pre flying, after a cold and sinus problems to name a few. Suitable from 4 years old.

### Reflexology

(45 mins).....£23

A natural healing art based on the principle that there are reflex points in the feet. These areas correspond to every part, gland and organ within the body. Reflexology is commonly used as an alternative to medicine. It involves the practice of massaging or applying pressure to parts of the feet with the goal of rebalancing the body's energy aiming to improve general health and encourage the body's own healing process. Reflexology relieves stress, tension, improves circulation and helps promote the natural function of the related areas of the body. 75% of diseases are stress related... Incorporate a scalp massage for £12 extra.

### Back, Neck and Shoulder Massage

(40 mins).....£23

This is a firm pressure massage using our warm aromatherapy oils. This massage will relieve muscle tension, stimulate circulation, improve muscle tone and promote total mind and body relaxation. Incorporate a scalp massage for £12 extra.

### Back and Scalp Massage

(40 mins).....£23

Our back and scalp massage is the ultimate stress buster. It's ideal for migraine sufferers and those holding a lot of tension in the neck and shoulder area. Using warm aromatherapy oils it relieves muscle tension, stimulates circulation, and promotes total mind and body relaxation using firm pressure.

### Full Body Massage

(70 mins).....£33

This head to toe massage using warm aromatherapy oils and firm pressure will relieve muscle tension, stimulate circulation, improves muscle tone. Warning, this massage is an extremely relaxing experience! Incorporate a scalp massage for £12 extra.

### Hot Stone Massage

Back, Neck and Shoulder Massage (40 mins).....£28

Full Body (70 mins).....£38

Hot basalt stones are used to intensely relax and smooth away stubborn muscular aches and tension. The ultimate head to toe massage treatment that will leave you completely relaxed and walking on air. Warning, this massage is an extremely relaxing experience! Incorporate a scalp massage for £12 extra.

### Bamboo Massage

Back, Neck and Shoulder Massage (40 mins).....£28

Full Body (70 mins).....£38

Using warmed bamboo sticks to create a deep, rhythmic massage, particularly beneficial for working deep muscular tissue. Incorporate a scalp massage for £12 extra.

### Purifying Back Treatment

(45 mins).....£28

Ideal for teenagers and adults suffering from congested skin on the back area. Incorporates cleanse, exfoliation, hot towels, massage which helps stimulate the bodies natural removal of waste, and a purifying masque to draw out deep seated dirt from the pores. Incorporate a scalp massage for £12 extra.

### Invigorating Frankincense and Mandarin Body Boost Massage

(55 mins).....£32

Our uplifting full-body treatment begins with a detoxifying and purifying, aromatherapy-infused Dead Sea salt body scrub, followed by an energising massage for total head-to-toe invigoration.

This treatment will boost skins texture and stimulate the breakdown of fat, it is ideal for dry skin sufferers or prior to a special occasion, holiday or fake tan application. Incorporate a scalp massage for £12 extra.

### Calming Rose and Geranium Body Harmony Massage

(55 mins).....£32

Feel soothed and relaxed with our combination of skin-nurturing exfoliation and tension-releasing massage, infused with balancing aromatherapy oils to leave you feeling soothed and blissfully calmed. This treatment is ideal for dry skin sufferers or prior to a special occasion, holiday or fake tan application. Why not incorporate a scalp massage for £12 extra?

### Mummy To Be Massage

(55 mins).....£32

This will leave you feeling amazing and very pampered! To begin the feet and legs are massaged, which soothes all the aches away. Then using warm aromatherapy oils (pregnancy safe) to massage the scalp, head, neck, shoulders, arms and hands leaving you feeling totally relaxed and in a world of your own... Why not add Reflexology?

## MANICURES

### Express Manicure

(30 mins) .....£17

Using VINYLUX, a week-long nail polish that lasts up to seven days without chipping. Includes cuticle work, moisturise, file and polish. Add French £2.

### Signature Manicure

(45 mins).....£23

Complete treatment for the forearms, hands and nails, which includes exfoliation, hot towels and masque. \*\* Add French £2.

\*\* Add Minx Vinyl Designs (Half price) £12.50

\*\* Add UV Gel Polish (Half price) - £13.00

\*\* Add Shellac Gel II™ - £10.50

## PEDICURES

### Express Pedicure

(30 mins).....£17 \*

Using VINYLUX, a week-long nail polish that lasts up to seven days without chipping. Includes cuticle work, moisturise, file and polish. Add French £2.

### Signature Pedicure

(60 mins) .....£25

A truly luxurious treat! Experience a complete treatment for the lower legs, feet and nails, which includes, exfoliation, hot towels and masque. \*\* Add French £2.

\*\* Add Minx Vinyl Designs (Half price) £12.50

\*\* Add UV Gel Polish (Half price) - £13.00

\*\* Add Shellac Gel II™ - £10.50

\* Please bring appropriate open toed footwear if having regular nail varnish.

## NAILS

### Minx

Extend fashion to your fingertips! A patterned flexible film, in many designs which is shrink wrapped around the nails.

Minx with Mini Manicure or Pedicure .....£26

Half price when added to a Signature Manicure or Pedicure

### Bio Sculpture Gel

The original everlasting manicure. Unlike conventional gel, Bio Sculpture is damage-free. This nourishing treatment protects your natural nails and encourages strong, flexible, healthy nail growth. Gel is used for repairing broken and problem nails, nail biters, and those who want a stronger, longer lasting colour. Last 2-4 week.

Bio Sculpture with Mini Manicure or Pedicure .....£26

Half price when added to a Signature Manicure or Pedicure

### Gel II™

Gel II™ Soak Off Gel Polish, luminous nail colour that applies faster, feels thinner, and lasts longer than any other gel available! Forget base coats, bond-aids, and primers. Gel II™ delivers a fast two-step professional system that is unique from any other on the market. Infused with essential vitamins and calcium, Gel II™ makes nails stronger, healthier, as well as stunning for up to 21 days!

Gel II with Mini Manicure or Pedicure .....£21

Half price when added to a Signature Manicure or Pedicure